

UNITED AGAINST OPIOID ABUSE, volume 1, issue 2

June 2019



White County United Way

Service Details to Date

Organization Involvement

WC Community Corrections Board, WC Chamber LEADS, WC Health Coalition, WC Services Network, Drug Free White County, WC Ministerial Association, North Central QRT, WC Sequential Intercept Team

Conferences and Training

AmeriCorps Mid-year Retreat, Indiana Workforce Recovery, Opioid Data to Action, MAT Training, Seminar on Treatment through Salvation Army, Sequential Intercept Training, Mental Health and Addiction Symposium, Faces and Voices of Recovery

Speaking Engagements

Heart Fellowship Presbyterian Church, Joint County Commissioner and Council Meeting, IU Health Medical Providers, Montgomery County Para-Medicine Program and Tippecanoe QRT (facilitator)

Media

WLFI aired coverage about the Valley Oaks QRT Grant on May 29.

Facebook:

facebook.com/UCOwhitecounty/

Website:

whitecountyunitedway.org/opioids

Outreach Booths

Community Connections Expo, Mental Health Fair

From the AmeriCorps desk...

What an exciting time for White County! So many efforts are coming together and bringing needed services and resources to those who are struggling with substance abuse issues.

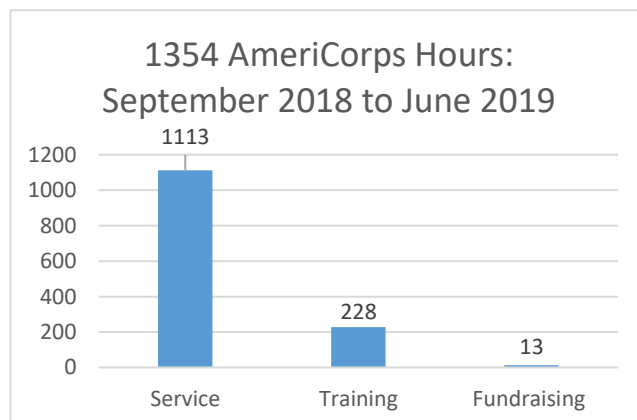
The United Council on Opioids is five months old. The three task force groups—Treatment, Recovery, and Prevention—are hard at work and accomplishing their goals. Read ahead for information about this work, reports, and collaborations, as well as several grants coming to our community.

My first year of service ends in August, with a service hiatus from September 1-15. Before the second service term begins, my summer goals are to: complete an asset map of area services, continue UCO/task force duties, help plan and implement White County QRT, and continue news articles.

Please contact me if you have:

- interest in participating in the United Council on Opioids
- ideas/questions/concerns about our coalition
- requests for article topics
- additional data that should be included in this newsletter
- requests for presentations and speakers
- personal experiences to share

-Lynn Saylor



This is for you, Chad

People have asked about the name of the weekly opioid awareness columns published in the *Herald Journal*, *Kankakee Valley Post News*, and the *News and Review*. As a new AmeriCorps member, I interviewed inmates in the White County Jail. Many were discouraged by the negative effects of substance misuse on entire communities. One saw the only ray of hope was for people to become more aware of the realities of addiction and drug use. He believed that with more information, people could see the dangers and avoid becoming ensnared. He planted a seed of an idea, and the articles grew to expose opioids to the public.

This is for you, Chad, in hopes that you are right!

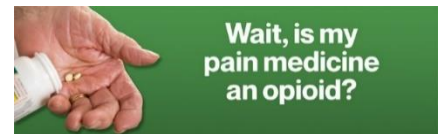
1. What are opioids?
2. Addictive drugs that are not opioids
3. Addiction / Dependence / Tolerance (Parts 1 and 2)
4. Signs someone you love may be involved in drugs
5. Stories of addiction
6. Saving Jake: book review
7. Dreamland: book review
8. Drug take-backs
9. Conversation with your doctor
10. One story of initiating treatment
11. Harm reduction
12. How to have a conversation with someone involved in substance abuse
13. Detox
14. Complexities of treatment

Grant Funding Procured



Valley Oaks obtained a Family and Social Services Administration grant to bring the Tippecanoe Quick Response Team (QRT) to White and Jasper Counties. QRT sends an EMT and peer recovery coach to visit people who have had an opioid incident, and connect them to recovery services. Planning of the 16-month grant began June 1, and implementation begins September 1.

The City of Monticello has received an Aim grant to promote substance abuse awareness through a billboard campaign in White County.



Upcoming Event

Justin Beatty, from ICAADA, will discuss Peer Recovery Coaching on July 29, 2019 at 7:00 PM at the Hibner Rooms at IU Health White Memorial Hospital. This important meeting explains who can become a Peer Recovery Coach, how to become certified, and how Peer Recovery Coaches can aid in combating the opioid crisis.

Monday, July 29th

7:00 - 9:00 pm

IU Health White Memorial Hospital, Hibner Room

For more information, please contact Lynn Saylor: 574-583-6544, ext. 5

Featuring Peer Supports Project Manager

Justin Beatty

Brought to you by the **United Council on Opioids**, serving White County

Peer Recovery Coaching Discussion



United Council on Opioids: Task Force Goals

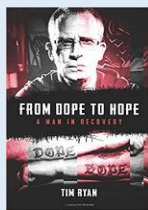


The United Council on Opioids' three task force groups are working towards their short-, mid-, and long-term goals. The chart below shows their goals and progress in this important work.

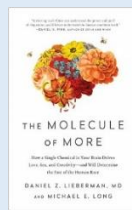
	Prevention	Treatment	Recovery
Short-Term Goals (October 2019)	<ul style="list-style-type: none"> Conduct a youth outreach pilot program in a wrap-around environment. Engage in public outreach. Develop a community event guide for youth. 	<ul style="list-style-type: none"> Develop and distribute resource manual of treatment providers with detailed information. Presentation from local/regional treatment providers. 	<ul style="list-style-type: none"> Develop liaisons between UCO members and specific recovery services.
Completed	<ul style="list-style-type: none"> Boys and Girls Club will present a skit to Meadowlawn fifth graders. Held two outreach booths. We have a booth reserved at "Out of the Darkness" walk. Produced and shared a youth summer activity guide. 	<ul style="list-style-type: none"> Adopted Cass County Resource Guide as a working manual. Held panel discussion on May 21, 2019 with QRT and Para-Med Working with Valley Oaks on the QRT 	<ul style="list-style-type: none"> Adopted Cass County Resource Guide as a working manual Working with Valley Oaks on the QRT grant
Mid-Term Goals (October 2020)	<ul style="list-style-type: none"> Have a presence in all county schools. Design and implement billboard campaign. Expand peer mentoring 	<ul style="list-style-type: none"> Establish response protocol for initiating treatment. Investigate Narcan Program 	<ul style="list-style-type: none"> Establish response protocol to ease transition from treatment or jail into recovery.
Completed	<ul style="list-style-type: none"> AIM grant for billboards. Community Mentoring Program 	<ul style="list-style-type: none"> Working with Valley Oaks on the QRT grant. 	<ul style="list-style-type: none"> Working with Valley Oaks on the QRT grant.
Long-Term Goals (April 2021)	<ul style="list-style-type: none"> Deliver annual program in all county schools. Annual parental address (PTO, registration, etc.). Expand peer-mentoring program. 	<ul style="list-style-type: none"> A Community Navigator assists with community resources and initiating treatment. More addiction treatment and recovery options in White County. 	<ul style="list-style-type: none"> Establish a robust QRT/Para-medicine program in White County. Develop Peer Recovery Coaches program.
Completed	<ul style="list-style-type: none"> Teresa, from Mothers of Hope, is speaking to NW parents at back-to-school night. 	<ul style="list-style-type: none"> Working with Valley Oaks on the QRT grant. Working with IPMG Wrap-around Services 	<ul style="list-style-type: none"> Working with Valley Oaks on the QRT grant.

Lynn's Reading List

In our response to opioid abuse in our community, we seek to share information and find sources that shed light on those involved in substance abuse disorder. These books discuss the many facets of opioid abuse disorder.



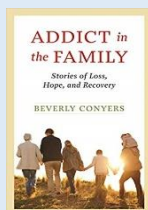
From Dope to Hope: A Man in Recovery by Paul Ryan, Spiritus Communications; 2017



The Molecule of More: How a Single Chemical in Your Brain Drives Love, Sex, and Creativity—and Will Determine the Fate of the Human Race by Daniel Z. Lieberman and Michael E. Long, BenBella Books; 1st Edition; 2018



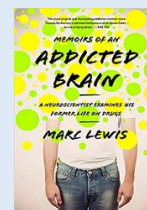
Heroin by Mindy McGinnis, Katherine Tegen Books; 2019



Addict in the Family: Stories of Love, Hope, and Recovery by Beverly Conyers, Hazelden Publishing; 2003



Pathways from the Culture of Addiction to the Culture of Recovery: A Travel Guide for Addiction Professionals by William White, Hazelden Publishing; 2nd Edition; 1996



Memoirs of an Addicted Brain: A Neuroscientist Examines his Former Life on Drugs by Marc Lewis, PublicAffairs; 2013

Community Resources

Emergency 24/7

Medical Emergency
911

White County Sheriff
574-583-2251

YWCA Domestic Violence Hotline
888-345-1118

Indiana Addiction Hotline
888-662-4357

Text "IN" to
741741

Safe 2 Talk (call or text)
765-742-0244

Resources

Connect-2-Help
211

LTHC Homeless Services
765-423-4880

Salvation Army
574-297-8547

United Council on Opioids
serving White County, Indiana



Treatment Connections

Valley Oaks Health
574-583-9350
After-Hours Emergency
765-423-2638

Sycamore Springs (inpatient/outpatient)
765-743-4400
Mental Health/Addiction Treatment

Limestone Health (opioids)
765-701-6060
Outpatient MAT

Clean Slate (alcohol, opioids)
765-838-1218
Outpatient MAT

Meridian Addictions & Recovery
765-337-8855

Mothers of Hope Support Group
270-313-6619
moms of children with addiction

United Council on Opioids
serving White County, Indiana



Resource Card

This resource card was developed in conjunction with law enforcement, EMTs, and families in the community to provide easy access to services and supports for those involved in substance abuse.

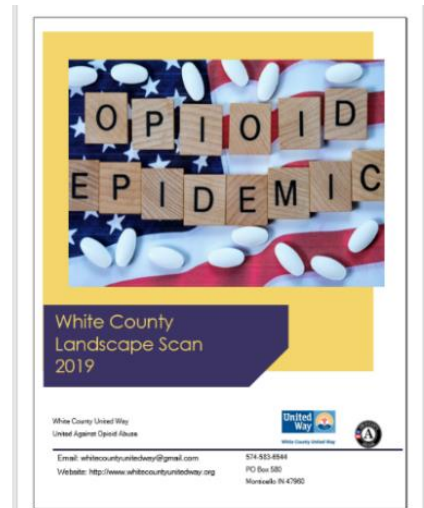
Law enforcement officers, EMTs, probation officials, prosecutors, health care workers, and social service providers carry copies of these cards to pass along to clients and their families.

If you would like to obtain a supply of resource cards, please contact Lynn Saylor or Nikie Jenkinson: 574-583-6544.

Landscape Scan and Public Report for Harwood Community Conversations

The Landscape Scan provides a summation of the work during the first year in the *United Against Opioid Abuse* initiative. It includes national and local opioid data, community assessments, community conversations, recommendations, FAQs, and a resource guide.

Based on its findings, the United Council on Opioids and its task force groups began public outreach. Harwood Community Conversations and personal interviews with community groups, stakeholders, and agencies expressed aspirations, concerns, and strategies to move forward. This report is available at whitecountyunitedway.org/opioids. Contact White County United Way for more information.



White County United Way

United Way Corner

Economists estimate that it takes nearly 20 years of “nothing going wrong” for a person to shift out of poverty. Our work, in the fields of education, health, and financial stability, helps to reduce the chances of something—like opioid abuse—going wrong in a family’s quest for peace and security. As we fight and advocate for the wellness of the communities we serve, we have been conducting Kindergarten Camps at

our elementary schools and participating in efforts to beautify the streets of Monon. Our director is pursuing grants to bring more services to our community, and board members met with seven partner agencies in anticipation of our 2019 fundraising campaign. You will see WCUW this summer at our Duck Race fundraiser on September 3 and the Annual Benefit Cruise on the Madam Carroll on September 21. Together with our partners, we are *Stepping up for Change* in White County.

whitecountyunitedway.org